

PRIMARY AND YEAR 7 NATIONAL FINAL 2023

SATURDAY 25TH MARCH – PRESTWOLD HALL. LE12 5SH

**DO NOT TRY AND ENTER THROUGH THE HALL ENTRANCE.
THIS IS A PRIVATE - RESIDENCE. FOLLOW THE SIGNS!**

WHAT THREE WORDS DIRECTIONS

specifies. wand. both

Thank you so much for your entry to this year's event which makes its return to Prestwold Hall for the first time since its untimely cancellation on the eve of the Pandemic. With well in excess of 1000 entrants its looking like a great day!

Arrival – The car park will open at 9am so allowing two and a half hours prior to the first event. There will be a lot of vehicles setting up equipment on site prior this. For your own safety please do not try to enter before 9am. There is a £5 per car parking fee. This can be paid either by card or cash.

It is advised that you arrive at least 90 minutes prior to your race.

The local Nanpanton Scouts will be looking after parking on the day. They are all volunteers, please give them a smile and a thank you.

RACE NUMBER COLLECTION.

INDIVIDUAL ENTRY RACE NUMBERS WILL BE ADVISED BY TEXT THE DAY BEFORE THE EVENT

Collection of race numbers will be spread out to reduce queues. *Don't forget your pins!*

Teams with bulk registration and year 3-4 competitors collect from **9.30am**

Year 5/6 collect from **10.30am**

Year 7 collect from **11.30am**

PLEASE ARRIVE IN GOOD TIME TO COLLECT NUMBERS AND ORIENTATE/WARM UP

CONGREGATION AREAS/TENTS

The Inter Counties XC Championships took place on the 11th March at this venue. This left some rather muddy areas. For safety and to preserve the ground the main area for meeting will be as you arrive after the registration tent. See attached site map. You are of course alternatively welcome to locate yourself at any safe point on the race area.

THE "BIG SCREEN" AND STAGE FOR PRESENTATIONS WILL ALSO BE LOCATED HERE.

Also in this area will be Catering/ Souvenir Merchandise/ The Big Bobble Hat Company and Toilets.

LIVE STREAMING OF EVENTS.

All events will be streamed live during the day(*and on replay post event*) through 247.TV

It is advised that you create your account before the day and make sure that you can login and purchase (£4) the event in advance. Also please test that you can view the TEST VIDEO link on the website.

Visit <https://www.247.tv/247> to gain access. Please note that this is a third-party contractor. Any queries should go directly to them.

Course maps are shown below. Note that the majority of the estate is private property. Do not enter the grounds prior to the day.

National Primary and Year 7 Cross Country Final 2023

Prestwold Hall 2023

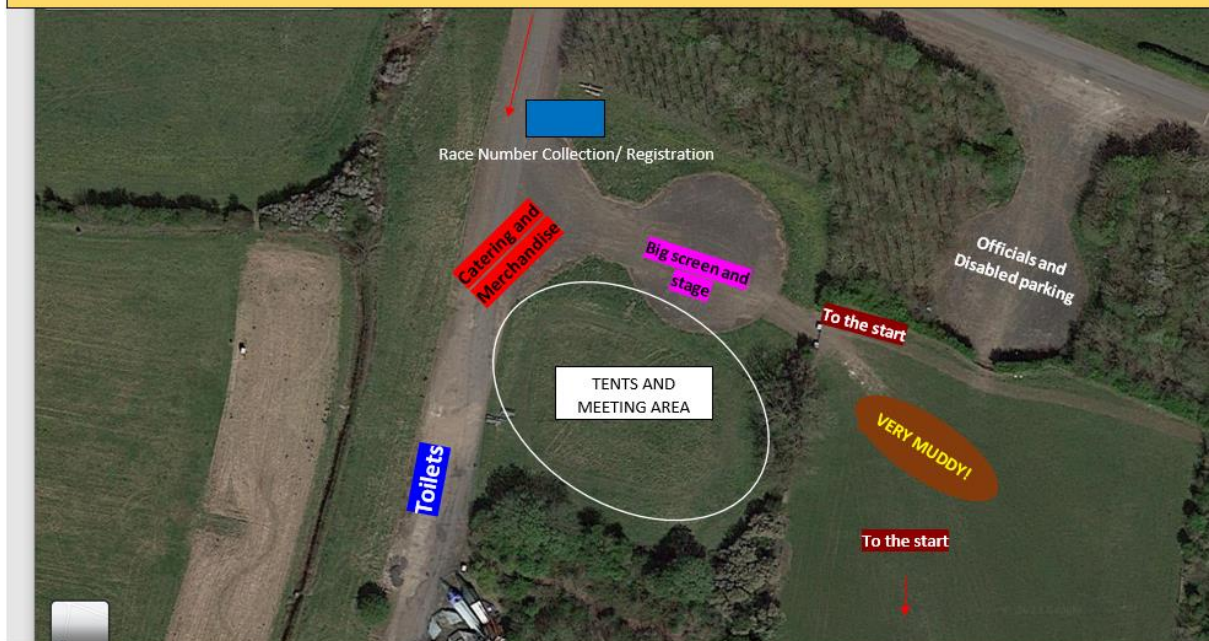
Overview



National Primary and Year 7 Cross Country Final 2023

Prestwold Hall 2023

Site Layout



Further rain is expected during the week. Parts of the venue are very wet and muddy. The course less so. Bring adequate footwear to match the underfoot conditions.

TIMETABLE OF EVENTS

NOTE. FOR SAFETY REASONS SPIKES ARE NOT ALLOWED FOR YEAR 3-4 COMPETITORS

All Competitors in year 3-4 races (only) will receive a medal as they finish.

There will be separate awards for the first three finishers (Boys and Girls)

11.30 –Year 3 Girls/ Boys (1400m)

11.50 Year 4 Girls/ Boys (1600m)

12.30 Presentations for above events

13.00 – Year 5 Girls (2400m)

13.20 - Year 5 Boys (2400m)

13.45 - Year 6 Girls (2700m)

14.10 - Year 6 Boys (2700m)

14.35 – Year 7 Girls (3000m)

15.00 – Year 7 Boys (3000m)

15.30 – Individual (First three finishers) and Team presentations for above races

COURSE MAPS

“Undulating grass land and small wooded area. The ground is wet in places”.

National Primary and Year 7
Cross Country Finals
Saturday 25th March



Thanks to England Athletics for contributing to the Big Screen

COURSE DIRECTION

START - A - START - A - B - F - FINISH

National Primary and Year 7
Cross Country Finals
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COURSE DIRECTION

START - F - B - A - START - A - B - F - FINISH

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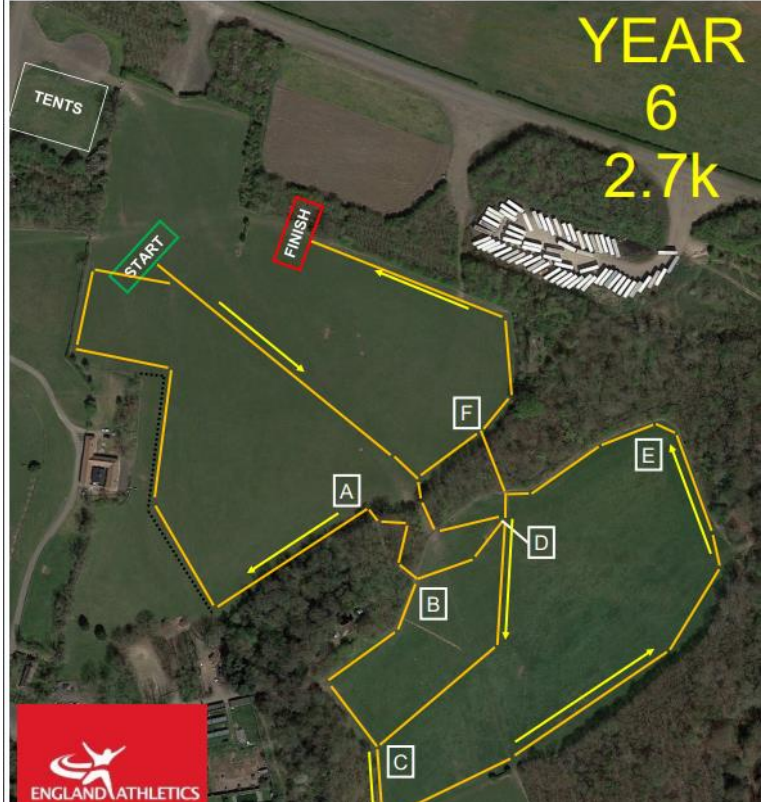


**YEAR
5
2.4k**

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COURSE DIRECTION
START - F - B - A - START - A - B - C - E - F - FINISH

National Primary and Year 7
Cross Country Finals
Saturday 25th March



**YEAR
6
2.7k**

Thanks to England Athletics for contributing to the Big Screen

COURSE DIRECTION
START - F - D - C - B - A - START - D - C - E - F - FINISH

National Primary and Year 7
Cross Country Finals
Saturday 25th March



**YEAR
7
3.0k**

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COURSE DIRECTION
START - F - E - C - B - A - START - D - C - E - F - FINISH